

Resources	Services Offered/Description	Website
Ontario Works	<p>Ontario Works provides money for food, shelter and other costs to people in financial need who meet the eligibility criteria.</p> <p>Financial Assistance may include money for food, shelter, clothing and other household costs, the cost of prescription medications, and other help with health costs.</p> <p>Toronto delivers this provincial social assistance program according to the Ontario Works Act.</p>	<p>https://www.toronto.ca/community-people/employment-social-support/support-for-people-in-financial-need/assistance-through-ontario-works/#:~:text=If%20you%20do%20not%20have,calling%20416%2D338%2D8888.</p>
Canada Recovery Caregiving Benefit (CRCB)	<p>The Canada Recovery Caregiving Benefit (CRCB) gives income support to employed and self-employed individuals who are unable to work because they must care for their child under 12 years old or a family member who needs supervised care. This applies if their school, regular program or facility is closed or unavailable to them due to COVID-19, or because they are sick, self-isolating, or at risk of serious health complications due to COVID-19. The CRCB is administered by the Canada Revenue Agency (CRA).</p> <p>If you are eligible for the CRCB, your household can receive \$500 (\$450 after taxes withheld) for each 1-week period. If your situation continues, you will need to apply again. Each household may apply for up to a total of 44 weeks between September 27, 2020 and May 7, 2022.</p>	<p>https://www.canada.ca/en/revenue-agency/services/benefits/recovery-caregiving-benefit/crcb-how-apply.html</p>
Canada Recovery Sickness Benefit (CRSB)	<p>The Canada Recovery Sickness Benefit (CRSB) gives income support to employed and self-employed individuals who are unable to work because they are sick or need to self-isolate due to COVID-19, or have an underlying health condition that puts them at greater risk of getting COVID-19. The CRSB is administered by the Canada Revenue Agency (CRA). If you are eligible for the CRSB, you can receive \$500 (\$450 after taxes withheld) for a 1-week period. If your situation continues, you will need to apply again. You may apply for up to a total of 6 weeks between September 27, 2020 and May 7, 2022.</p>	<p>https://www.canada.ca/en/revenue-agency/services/benefits/recovery-sickness-benefit.html</p>

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Ontario Disability Support Program: Income Support	The Ontario Disability Support Program Income Support helps people with disabilities who are in financial need pay for living expenses, like food and housing.	https://www.mcsc.gov.on.ca/en/mcsc/programs/social/odsp/income_support/IS_Application
Ontario Guaranteed Annual Income System payments for seniors	<p>Low-income seniors may qualify for monthly Guaranteed Annual Income System payments.</p> <p>Ontario's Action Plan: Responding to COVID-19 announced a temporary top-up to payments made through the Ontario Guaranteed Annual Income System (GAINS). Beginning in April 2020 and ending in September 2020, monthly GAINS payment amounts are automatically doubled. This action provides additional and immediate financial support to low-income Ontario seniors who may need more help to cover essential expenses during the coronavirus (COVID-19) outbreak. Learn more.</p>	https://www.ontario.ca/page/guaranteed-annual-income-system-payments-seniors
Benefits Finder	The Benefits Finder is a tool that can help you find Benefits and Services that you may be eligible to receive. It asks a few questions and uses your answers to search. It does not collect or track your information. The more questions you answer, the more customized and accurate your results will be.	https://benefitsfinder.services.gc.ca/hm?GoCTemplateCulture=en-CA
University of Toronto Student Union Financial Assistance	The UTSU offers the following services to help alleviate financial burdens for students: Student Aid (8 grants and bursaries to help with costs from your books to transit and more), Dollar for Child Care, and Tax Clinics (volunteers help you submit your taxes for free).	https://www.utsu.ca/financial-assistance/#bursaries-and-grants
University of Toronto Family Care Office	The Family Care Office provides confidential guidance, resources, referrals, educational programming and advocacy for the University of Toronto community and their families. We raise awareness of family care issues central to the achievement of education and employment equity at the University of Toronto.	https://familycare.utoronto.ca/