



## Canadian Federation of Medical Students Resources

The Canadian Federation of Medical Students (CFMS) is offering the following services for unmatched students:

1. **CFMS Unmatched Peer Mentorship Network:** Medical students who wish to be put in touch with a previously unmatched student mentor may contact the CFMS Director of Education at [education@cfms.org](mailto:education@cfms.org). Students' confidentiality will be respected.
2. **CFMS Matchbook:** The 2018 Matchbook is accessible to CFMS members via their website and can be accessed here: <https://www.cfms.org/what-we-do/education/cfms-matchbook.html>

It is updated with advice for the unmatched student. More specifically, Section 4.3 "The Unmatched Scenario" is a detailed toolkit put together by the CFMS Unmatched CMG Task Force comprised of previously unmatched students.

3. **Second Round Application Reimbursement:** The CFMS is offering \$150 to support applicants in applying to the second round of the R1 match. The attached the reimbursement form students may be used. Copies will be available on their website. Students can also obtain the form by emailing the Director of Education: [education@cfms.org](mailto:education@cfms.org).
4. **Wellness Supports:** The CFMS will primarily be directing students to contact their local Student Affairs offices for support. They have updated their website to include information for all provincial physician health programs (PHPs). Their website also has PDF documents for all 15 member medical schools with information regarding specific wellness related supports that are always available to students. They can be accessed here: <https://www.cfms.org/what-we-do/student-affairs/wellness.html>
5. **Canadian Armed Forces:** Discussions with the Canadian Armed Forces regarding the possibility of Medical Officer Training Program (MOTP) supernumerary spots are on-going and at this time CFMS are unable to confirm whether the program will be offered this year. Information will be communicated as soon as it becomes available.

### Contact CFMS:

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### Canadian Federation of Medical Students

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