

2ND YEAR STUDENTS!

WOULD YOU LIKE TO LEARN HOW TO COMMUNICATE MORE EFFECTIVELY WITH PATIENTS?

THERAPEUTIC COMMUNICATION ELECTIVE

MEET (Making Every Encounter Therapeutic)

MEET is an elective experience offered to **second year pre-clerkship** medical students at the University of Toronto that focuses on therapeutic communication skills in the context of the interaction between mental and physical health. **The elective involves 1:1 interaction with a teacher to develop communication skills and that it is geared towards all medical students (not just those interested in mental health).** It is based on the idea that patients and their health care professionals can engage in conversations that are healing. Involving patients with both physical and mental health conditions means that it is applicable to many patients you will see across clinical settings and disciplines.

Medical students who participated in the past gave the following feedback:

- ✓ *"Taking part in MEET...has been an amazing education and personal experience. The program is very well organized, the amount of time spent doing this elective was perfect and the feedback received from faculty was great."*
- ✓ *"It is easily the most enjoyable and perhaps more importantly, the most practical elective in which I've had the pleasure of participating...I was equipped with the tools that I am convinced will be of assistance to me in all my future patient interactions."*

WHAT

- 4 sessions total - 90-minute orientation and debrief session, as well as two-90 minute sessions with a teacher (1:1 communication skills coaching sessions)
- Sessions with patients involve approximately 45 minutes of direct patient contact along with a 45 minute debrief session in which patients, teachers and students have a chance to discuss the interview experience
- You must commit to all 4 sessions in order to participate
- Other than assigned pre-readings, there is no additional work outside of the 4 sessions.

WHO

- 2nd Year Pre-Clerkship Medical Students (**60 spots** available).
- This course is open to **all 2nd year** medical students, not just those who are interested in psychiatry

WHEN

Orientation: **February 17, 2017 12:15 – 3:00 PM** Wightman-Berris Academy, **Helliwell Center for Medical Education**, Toronto General Hospital, **200 Elizabeth Street, Eaton Wing, Ground Floor**

Debrief: **May 26, 2017 12:15 – 2:30 PM** Wightman-Berris Academy, **Helliwell Center for Medical Education**, Toronto General Hospital, **200 Elizabeth Street, Eaton Wing, Ground Floor**

The two individual sessions with your assigned teacher **must** be scheduled during your self-study time between February-May, 2017. Please select 2 dates (from below) with your teacher for your encounters:

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| - February 24, 2017 1:00 – 5:00 PM | - April 10, 2017 3:00 – 5:00 PM |
| - March 3, 2017 3:00 – 5:00 PM | - April 26, 2017 2:00 – 5:00 PM |
| - April 4, 2017 3:00 – 5:00 PM | - May 16, 2017 8:00 AM – 12:00 PM ^(morning) |

INTERESTED

Please send a brief statement about your interest in MEET MP to mpa.ume@utoronto.ca by **December 5, 2016**. Please indicate your academy and student number. Successful applicants will be contacted by December 16, 2016.